

# BREAST CANCER STATISTICS

## Reducing Your Risk

- Maintaining a healthy weight and exercising regularly can minimize the risk of all cancer types.

Source: American Cancer Society

- Knowing your family history can lower your risk for breast cancer.

Source: Center for Disease control

- 80% of young women find breast abnormalities themselves.

Source: Young survival coalition

- 85% of breast cancers occur in women who have no known family history of breast cancer.

Source: Breastcancer.org

- Regular mammograms increase your breast cancer survival rate by 35%.

Source: Breastcancer.org

- 8 out of 10 breast lumps are non-cancerous. Source:

Breastcancer.org

- 40 percent of diagnosed breast cancers are detected by women who discovered the lump themselves.

Source: Breastcancer.org

- Compared to women who don't drink at all, women who have three alcoholic drinks per week have a 15% higher risk of breast cancer.

Source: Breastcancer.org

## General Facts

- Black women in the US are 42% more likely to die from breast cancer than white women

Source: Fightcancer.org

- 91% of women diagnosed with breast cancer live 5 years or longer (other words: The 5 year survival rate for women diagnosed with breast cancer is 91%)

Source: American Cancer Society

- The gap in survivor outcomes between black and white women is due to economic, not biological reasons.

Source: New York Times

- 50% more breast cancers are missed at hospitals providing mammograms mainly to black women compared to academic hospitals.

Source: New York Times

- In Memphis, black women are twice as likely to die from breast cancer than white women.

Source: Cancer epidemiology

- Black women are twice as likely not to be notified of their mammogram results

Source: American Journal of Public Health

- 1 in 8 women will develop breast cancer in their lifetime

Source: American Cancer Society

- Black women are less likely than white women to have seen a primary care doctor in 6-18 months before diagnosis

Source: New York Times

## General Facts

- 1 in 9 black women will develop breast cancer over her lifetime

Source: American Cancer Society

- Every 13 minutes, a woman in the US loses her life to breast cancer

Source: Susan G Komen

- African American women under age 35 have rates of breast cancer two times higher than Caucasian women under age 35

Source: Young Survival Coalition

- 11% of all new cases of breast cancer in the United States are found in women younger than 45 years of age.

Source: Center for Disease Control